

JUNIOR HIGH CHEERLEADING FORMAT

Effective 2018 - 2019

JUNIOR HIGH CHEERING DIRECTOR:

Mrs. Libby Shepherd
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2018 CHAMPIONSHIP DATE:

Saturday, October 27, 2018
WesBanco Arena
Wheeling, WV

**NOTE: FOR THE 2018 COMPETITION,
THERE WILL BE NO CHANGE IN THE
FORMAT.**

FUTURE DATES:

October 26, 2019
October 31, 2020
October 30, 2021
October 29, 2022
October 28, 2023

1. Three (3) judges and two (2) safety judges will be used to determine the winners in all classes.

2. All squads are to have a coach in attendance **at all times**.

3. Squad size **CANNOT** exceed twenty (20) members, including mascot, and two (2) coaches. Any alternates must pay the gate price.

4. The entire squad must participate throughout the entire performance except in cases of illness, injury, or emergency. Any squad that does not follow this rule will be disqualified.

5. Unsportsmanlike conduct **WILL NOT BE TOLERATED**. Disciplinary action will be taken by the OVAC Executive Board on any school that fails to exercise good sportsmanship.

6. There will be a short coaches' meeting prior to the competition to determine the order of performance.

7. One performance will be done for judging. During this time, which is **NOT TO EXCEED THREE (3) MINUTES**, squads must incorporate cheers (**a 30-second continuous cheer must be utilized**), dances, and sidelines in any manner. (03.19.14)

The following rules must be followed:

a. Walk onto the floor and assume starting position. No spirting onto the floor.

b. Timing will begin with either an arm drop or a musical note.

c. Signs, props, **BALLOONS**, and/or banners are not permitted by squad or crowd. **ANY SCHOOL HAVING THESE WILL HAVE 25 POINTS DEDUCTED FROM THEIR TOTAL.**

d. Two (2) full squad synchronized jumps must be done during the three (3) minute performance.

e. Partner stunts, pyramids, mounts, knee drops, and seat drops (also called suicides and flippies), are not permitted.

f. **ANYTHING questionable in your routine should be checked by the safety judge prior to the competition.**

g. Gymnastics may be used.

h. No jewelry or glitter is permitted, even if it is not visible.

i. Hair must be up and off the shoulders. No nails can extend beyond the tip of the finger.

j. Each squad must have a designated person to start and stop the music. No one else will handle your CD.

k. Use of signs, banners, props, time violations, and rules' infractions will result in a scoring deduction of twenty-five (25) points per infraction. This will be subtracted from the final score.

l. No restarts will be permitted unless there are technical difficulties with the sound system or a serious injury occurs.

8. Once an athlete competes on the varsity level **IN ANY COMPETITION**, they may not compete at a lower level competition.

9. There will be a practice mats for warm-ups at both ends of the floor.

10. In the event of a tie at the end of the judging, the following tie-breakers will be used:

- 1). highest score on cheering fundamentals (25)
- 2). overall effect (10)

11. There will be a **sixty dollar (\$60) entry fee** for each team competing. Checks must be turned in prior to the competition or the squad will not be permitted to compete. Checks should be made payable to the : Ohio Valley Athletic Conference.

12. **ADMISSION FEE:** There will be an admission fee charged as follows:

- Adults: \$6.00
- Students: \$4.00

CHEERING COMMITTEE:

Libby Shepherd, Director
Tom Rataiczak, Executive Director

Nadeana Cook, Safety Judge
Shawn Tomlan, St. Clairsville (OH)
Shawna Shepherd, Wheeling Park (WV)
Vicki Lohr, Monroe Central (OH)
Victoria Frontz, Monroe Central (OH)

UPDATED: 05.28.18